

# BASIC FIRST AID

**TRAINING MADE EASY WITH AMERICAN SAFETY & HEALTH INSTITUTE**

Whether you need emergency care training for the workplace or the community, we can deliver first aid training that's easy to learn and easy to remember.

## Easy for your people...

- An excellent program choice for first aid skills and to build the confidence to respond
- Real-life scenario videos, full-color print materials, and easy-to-understand course content
- 2-year certification
- 2-2.5 hours for a comprehensive, fun class that includes skills practice
- Can be easily combined with ASHI's CPR and AED program

## Easy for you...

- Based on the recommendations of the 2010 National First Aid Science Advisory Board and OSHA's best practices for first aid training programs for the workplace
- Flexible content that can be customized to meet the teaching style of the Instructor and the learning needs of the student
- Classroom or blended learning options available



## Course topics include:

- Preparing to respond
- Patient assessment
- Control of bleeding
- Injuries, shock, and poisoning
- Common first aid situations like bites and stings, heat and cold emergencies, burns, and more
- Optional topics include tourniquets, inhalers, and EpiPen® auto-injectors



*We make learning to save lives easy!®*

## Delaware Safety Council

2 Reads Way, Suite 205

New Castle, DE 19720

**P: 302-276-0660**

[www.DelawareSafety.org](http://www.DelawareSafety.org) | [ContactUs@DelawareSafety.org](mailto:ContactUs@DelawareSafety.org)

