BASIC FIRST AID

TRAINING MADE EASY WITH AMERICAN SAFETY & HEALTH INSTITUTE

Whether you need emergency care training for the workplace or the community, we can deliver first aid training that's easy to learn and easy to remember.

Easy for your people...

- An excellent program choice for first aid skills and to build the confidence to respond
- Real-life scenario videos, full-color print materials, and easy-to-understand course content
- 2-year certification
- 2-2.5 hours for a comprehensive, fun class that includes skills practice
- Can be easily combined with ASHI's CPR and AED program

Easy for you...

- Based on the recommendations of the 2010
 National First Aid Science Advisory Board and
 OSHA's best practices for first aid training
 programs for the workplace
- Flexible content that can be customized to meet the teaching style of the Instructor and the learning needs of the student
- Classroom or blended learning options available



Course topics include:

- Preparing to respond
- Patient assessment
- Control of bleeding
- Injuries, shock, and poisoning
- Common first aid situations like bites and stings, heat and cold emergencies, burns, and more
- Optional topics include tourniquets, inhalers, and EpiPen® auto-injectors



We make learning to save lives easy! ®

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