



SAFETY/SENSE

The Monthly Newsletter of Delaware Safety Council

March 2024 Volume 3 No. 3



International Women's Day, March 8th.



Pgs. 3-5

Pg. 13



DELAWARE SAFETY COUNCIL BOARD OF DIRECTORS

Board Co-Chairs

Samuel Waltz, Jr. APR, Sam Waltz & Assoc.
R. Bruce Swayze, Principal, Weymouth,
Swayze & Corroon Insurance

Vice Co-Chairs

Andrew Brancati, Retired Director,
Highmark Blue Cross Blue Shield Delaware
Nicole Di Mondì, Global Environment Health
Safety Manager, Facilities, DuPont Company

Secretary

Amanda Murphy Vice President Fulton Bank

Board Treasurer

Julian Booker, GM, Delaware Public Media

Board of Directors

Honorable M. Jane Brady, Retired Judge,
Superior Court, State of Delaware

Brandon Brice, V.P. College Advancement
and Community Relations for Cecil College

John A. Campanella, SHRM-SCP, Retired
Delaware State Police Captain, Private
Investigator

Phillip DeDominicis, Managing Director,
Investment Banking, Menke & Associates

Adam Hamby, President-American Seaboard
Exteriors, Inc.

David Vanderslice VP Operations, Seiberlich
Trane Energy Services

Michael Wagner, Driver Education
Associate, Delaware Dept. of Education

Jack Wehmeyer, Data Analytics & Reporting
JPMorgan Chase & Co.

Emeritus

Frances M. West, Esq. Retired President,
Better Business Bureau

Leo Hamilton, Retired Global Director of
Safety, Health, Environment, DuPont



International Women's Day

Dear Members and Friends,

International Women's Day (IWD) is a global day celebrating the social, economic, cultural and political achievements of women. IWD is not country, group, nor organization specific. The day belongs to all groups collectively, everywhere.

In Delaware, three women oversee traffic safety in our state. Nicole Majeski, the 11th Secretary of the *Delaware Department of Transportation*, Amy Anthony, Director of *Delaware Department of Motor Vehicle*, and Sharon Bryson, Director of Delaware's *Office of Highway Safety*.

On March 8, 1908, women workers in the needle trades marched through New York City's Lower East Side to protest child labor, sweatshop working conditions, and demand women's suffrage. Beginning in 1910, March 8th became annually observed as *International Women's Day*.

Several central beliefs underpin and guide the purpose and provisions of *International Women's Day*. Identifying, celebrating, and increasing visibility of women's achievements for example can help forge equality. Or, organizing strategic collaborations based on a foundation of shared purpose, trust, and appreciation can impact positive change for women all while raising worldwide awareness.

In keeping with our trifecta of women traffic safety leaders, we are recognizing a few national women traffic safety leaders in this March issue of Safety/Sense.

Stacey

Stacey Inglis
Executive Director
Delaware Safety Council

Join **Delaware Safety Council!**

Click [HERE](#) for Membership!



Women Warriors of the Roads!

Polly Trottenberg - Deputy Secretary

US Department of Transportation.

As the number two official and Chief Operating Officer, she provides leadership and strategic vision for USDOT. She has an extensive 25+ year public sector career in all levels of government. Trottenberg served from 2014 to 2020 as New York City's Transportation Commissioner. She served in the Obama Administration as the Assistant Secretary and Under Secretary for Policy at the U.S. Department of Transportation. She developed and implemented transportation policies to address the needs of state and local transportation agencies on every type of project from roads and bridges, to transit and rail, to airports, ports, and pipelines.



Pam Shadel Fischer - Sr. Director External Engagement

Governors Highway Safety Association.

Pam has more than 30 years of experience addressing behavioral safety issues at the local, state and national levels. From 2007 to 2010, she served as Governor's Representative and Director of the New Jersey Division of Highway Traffic, following a 20-year career with AAA New Jersey.

Fischer holds a B.A. in English from Lebanon Valley College, an M.A. in Leadership and Public Administration from Centenary University and a Certificate in Advanced Management from The Wharton School at the University of Pennsylvania. She is also a nationally certified Child Passenger Safety Technician.



Making Tracks.

Rachel Maleh

Executive Director, Operation Lifesaver, Inc.

Rachel Maleh is Executive Director of Operation Lifesaver, Inc., the national, nonprofit rail safety education organization based in Washington, D.C. Maleh has over 25 years' experience in nonprofit management, communications, marketing, fundraising, organizational development, and leadership transition planning. Prior to joining Operation Lifesaver, Inc., Maleh ran a communications consulting firm offering comprehensive nonprofit management services. Previously, she was Deputy Executive Director of the Greater Washington Region of the American Heart Association. Her experience also includes serving as Senior Advisor/Chief of Staff with the National Community Reinvestment Coalition in Washington, D.C. Maleh has advanced degrees both in International Relations and International Communications from Boston University as well as a Master of Science in Marketing from Johns Hopkins University.



Women Warriors of Delaware Roads!



Nicole Majeski

Secretary of the [Delaware Department of Transportation](#).

As Secretary, she leads an organization responsible for 90% of the state's transportation network, including the Division of Motor Vehicles and the Delaware Transit Corporation. Oversees the development and implementation of a six-year capital program of over \$4 billion and ensures compliance with U.S. Department of Transportation. In addition, she works with the state's counties, municipalities and towns to coordinate land use planning and transportation infrastructure needs throughout the state. With an annual budget of nearly \$1 billion and a dedicated workforce of over 2,500 employees, Nicole oversees one of the largest departments in state government.

Women Warriors of Delaware Roads!

Amy Anthony

Director of [Division of Motor Vehicle](#).

Amy Anthony was appointed as Director of the Division of Motor Vehicles (DMV) and Toll Operations in July of 2023. She has a bachelor's degree in organizational management with a minor in Human Resources, as well as a degree in the Associate of Arts, General Studies. Amy began her career at DMV in 2002 and quickly discovered her passion for serving the community.



Sharon Bryson

Director of [DE Office of Highway Safety](#).

Sharon is the former managing director of the National Transportation Safety Board. As Managing Director, Sharon, led a staff of 420 and oversaw a budget of \$118 million. Most recently, Sharon served as a Social Services Senior Administrator for the Delaware Emergency Management Agency (DEMA). Prior to DEMA, Sharon had a long and distinguished career with the National Transportation Safety Board (NTSB) in Washington, D.C. During her 24-plus years of service with NTSB, she held several management positions, retiring as the Managing Director of the agency.



MEMBER Spotlight. Some Recent, Some Returning.



DELAWARE STATE
CHAMBER OF COMMERCE



PROJECT NEW START



To become a Member Click [HERE!](#)



MEMBER SPOTLIGHT

Thank you to our Delaware Safety Council Corporate Members, **Veolia Water** for doing their part to provide the tools their employees need to be safe on our Delaware Roadways. They held both an Advanced/Refresher Class and a Basic Class in-house for their team!





State and County Doing Their Part

Safer Employees on the Roadways



The first week of February, Delaware Safety Council audited one of our partner’s employee Defensive Driving classes, DeIDOT in Dover. We want to applaud them for doing their part to keep our Delaware roadways safer by continuing to educate their employees on the new 2023 roadway laws.



New Castle County continues to do their part in providing their employees the tools to be safer on our Delaware roadways. An employee Defensive Driving Class was held in the evening at the county’s Gilliam Conference Room, and two additional classes held in DSC offices. They were excited to be learning new safe driving laws, refreshing skills *AND* saving on their Auto Insurance!





Blue Hen Grade Crossing and Trespass

Delaware Safety Council under their Operation Lifesaver umbrella, and Federal Railroad Administration's Doug Jolley inspected the tracks from Newport to Montchanin and Newark. A dozen Grade Crossings were visited and inspected and reviewed for any Trespass violations. One of the key locations is West Main Street and New London Road in Newark.

Delaware Safety Council, Executive Director, Stacey Inglis met with CSX Regional Manager of Community Affairs & Safety, Jason Bishop to review the upcoming track projects. In July of 2022, there was a diagnostic meeting concerning West Main Street and New London Road.

Representatives included staff from Federal Railroad Administration (FRA), Delaware Department of Transportation (DelDOT), City of Newark, Newark Police Department, US Senator Thomas Carper's office, and consultants from Whitman, Requardt & Associates (WRA), Bergmann, and Century Engineering.

CSX Railroad forces will be performing general maintenance on their crossings on New London Rd (SR896) and West Main Street (SR273) in Newark, New Castle County, estimated to begin at 5:00 am on Monday, March 11, 2024. The work will require full closures on New London Road and West Main Street.





In case of an emergency on or near the tracks, always find the Blue and White **Emergency Notification System** sign and call that number. They will ask you for the X-ing number shown on the sign, that is the location of the Grade Crossing where you are at that time. The operators at 911 cannot stop a train, only the operators at the number on the blue & white sign can stop the train which is the number one issue at that time.

Click [HERE](#) for a quick video.



Making The Grade

Delaware Safety Council attended the Federal Railroad Administration (FRA) three day **FRA Grade Crossing Safety and Railroad Trespass Prevention Workshop** in Piscataway, NJ the last week of January on the Rutgers's Campus.

One of the workshops' overarching goals was to identify existing and emerging technology designed and used to mitigate, reduce, and ultimately eliminate highway-rail grade crossing and trespasser incidents. Another overarching goal was to raise awareness of the dangers and effects of highway-rail grade crossing and trespasser incidents, to seek out low-cost solutions, and to discuss practicable ideas for technological improvements for vehicular and pedestrian safety at highway-rail grade crossings.

Each workshop varies based on local concerns, focusing on railroad trespassing prevention, grade crossing safety, or related topics.

All workshops included discussions on:

- Leading industry best practices
- Root causes
- Local strategies to reduce incidents
- Incident effects on communities
- Recommendations for future actions to reduce incidents



U.S. Department
of Transportation

**Federal Railroad
Administration**



March is Workplace Eye Wellness Month

March is *Workplace Eye Wellness*. According to a recent report from the U.S. Bureau of Labor Statistics, there were 15,730 eye injuries involving days away from work. Proper eye protection minimizes the risk of significant eye injury. Prevent Blindness recommends that the type of eye protection that should be used depends on the hazards in the workplace. For example, someone working in an area that has particles, flying objects, or dust, should wear safety glasses with side protection (side shields). If working near hazardous radiation (welding, lasers, or fiber optics) special-purpose safety glasses, goggles, face shields, or helmets designed for that task should be worn.

Eye and face protection must be provided whenever necessary to protect against chemical, environmental, radiological or mechanical irritants and hazards. OSHA also requires that employers provide personal protective equipment (PPE) to their workers, and ensure its proper use. Additionally, employers are also required to train each worker required to use PPE.

The Centers for Disease Control and Prevention (CDC) recommends eye protection for a variety of potential exposure settings where workers may be at risk of acquiring infectious diseases via ocular exposure. According to the CDC, infectious diseases can be transmitted through various mechanisms, among which are infections that can be introduced through the mucous membranes of the eye (conjunctiva). These include viruses and bacteria that can cause conjunctivitis, and viruses that can cause systemic infections, including bloodborne viruses, herpes viruses, and rhinoviruses.

For those in an office setting, the average American worker spends seven hours a day on the computer either in the office or working from home, according to the [American Optometric Association](#). Employees who work primarily using digital screens, such as computer monitors, tablets and smart phones, are at increased risk of digital eye strain. Symptoms of eye strain include sore or irritated eyes, blurred vision and headaches.

Eye Safety Recommendations:

- **Screen time:** Try to decrease the amount of time spent in front of these screens and/or take frequent breaks to give your eyes a rest.
- **Filters:** Screen filters are available for smart phones, tablets, and computer screens. They decrease the amount of blue light given off from these devices that could reach the retina in the eyes.
- **Anti-reflective lenses:** Anti-reflective lenses reduce glare and increase contrast and also block blue light from the sun and digital devices.
- **Intraocular lens (IOL):** After cataract surgery, the cloudy lens will be replaced with an intraocular lens (IOL). The lens naturally protects the eye from almost all ultraviolet light and some blue light. There are types of IOL that can protect the eye and retina from blue light.



Ladder Safety Appropriate Steps.

National Ladder Safety Month 2024

National Ladder Safety Month 2024 is the eighth year ALI and its partners have celebrated ladder safety throughout March.

This year, education and promotion will focus on the following topics:

Week One: Training and Awareness

Week Two: Inspection and Maintenance

Week Three: Stabilization, Setup, and Accessories

Week Four: Safe Climbing and Positioning

View the webinar recordings from the 2023 Ladder Safety Webinar Series, sponsored by Werner and Louisville Ladder, [HERE](#)



Register for FREE!

The ladder safety training is 100% free. If you are a Training Manager you can register employees within your organization as well.

This free ladder safety training is a tool for the proper selection, care and safe use of all ladders, including stepladders, single and extension ladders, articulated ladders, and mobile ladders. Provided by the American Ladder Institute, this training outlines safe ladder practices in all applications, such as construction/painting, building and custodial services, warehousing, power, manufacturing, chemical and petrochemical, oil and gas, and at home.

[REGISTER](#)